**Medical Re-Evaluation**

Patient Name: Whitney Huneycutt(Case2)

Dt. of Exam: 07/22/2019

1st Exam Dt.: 03/18/2019

Dt. of Injury: 03/15/2019

Others^ Patient has been receiving chiropractic therapy. Patient states that there is pain relief following chiropractic therapy.

**Chief Complaint:**

The patient complains of neck pain that is 7/10, with 10 being the worst, which is sharp and shooting in nature. Neck pain is associated with numbness and tingling. Neck pain is worsened with sitting, standing and lying down.

The patient complains of mid back pain that is 7/10, with 10 being the worst, which is dull and achy in nature. Mid-back pain is worsened with lying down, movement activities and bending.

The patient complains of lower back pain that is 8/10, with 10 being the worst, which is sharp in nature. Lower back pain is associated with numbness and tingling Lower back pain is worsened with sitting, standing, lying down, movement activities and climbing stairs.

The patient complains of left shoulder pain that is 7/10, with 10 being the worst, which is shooting in nature. Left shoulder pain is worsened with raising the arm and lifting objects.

The patient complains of right shoulder pain that is 7/10, with 10 being the worst, which is sharp and shooting in nature. Right shoulder pain is worsened with raising the arm and lifting objects.

The patient complains of right hip pain.

**REVIEW OF SYSTEMS:**  The patient denies seizures, chest pain, shortness of breath, jaw pain, abdominal pain, fevers, night sweats, diarrhea, blood in urine, bowel/bladder incontinence, double vision, hearing loss, recent weight loss, episodic lightheadedness and rashes.

**PAST MEDICAL HISTORY:**  Severe asthma, arthritis, hepatitis, urinary tract infeciton, extremity weakness, shortness of breath, drug addiction, psychiatric illness, hypoxia, fibromyalgia with neck and back injuries, anxiety, history of MRSA in left lung.

**PAST SURGICAL / HOSPITALIZATION HISTORY:**  Noncontributory.

**MEDICATIONS:**  Pro-Air 2 puffs qid prn, Symbicort 2 puffs bid, Spiriva 18 mg qid, Daliresp 500 mcg qd, Singuilar 10 mg qd, Duoneb qid prn, prednisone 20 mg taper prn, Nucala vaccine q4 weeks, Dilaudid 4 mg q4-6h., Morphine 30 mg bid, Valium 5 mg q4-6h., Fioricet prn for migraine, Soma 350 mg bid, Neurontin 800 mg tid, Celebrex 200 mg 1-2 a day, Trazadone 300 mg at night, Ambien 10 mg at night..

**ALLERGIES:**  No known drug allergies.

**Physical Examination:**

**Neurological Exam:** Patient is alert and cooperative and responding appropriately. Cranial nerves II-XII grossly intact.

**Deep Tendon Reflexes:** Are 2+ and equal.

**Sensory Examination:** .

**Manual Muscle Strength Testing:** Testing is 5/5 normal.

**Cervical Spine exam:** Cervical spine examination reveals tenderness upon palpation at C2-8 levels bilaterally with muscle spasm present. ROM is as follows: extension was 10 and is 10 degrees; forward flexion was 30 and is 30 degrees; right rotation was 10 and is 10 degrees; left rotation was 10 and is 10 degrees; right lateral flexion was 10 and is 10 degrees and left lateral flexion was 10 and is 10 degrees.

**Thoracic Spine Examination:** Reveals tenderness upon palpation at T1-T12 levels with muscle spasm present.

**Lumbar Spine Examination:** Lumbar spine examination reveals tenderness upon palpation atL1-S1 levels bilaterally with muscle spasm present. ROM is as follows: extension was 10 and is 10 degrees; forward flexion was 30 and is 30 degrees; right rotation was 10 and is 10 degrees; left rotation was 10 and is 10 degrees; right lateral flexion was 10 and is 10 degrees and left lateral flexion was 10 and is 10 degrees.

**Left Shoulder Examination:** Reveals tenderness upon palpation of the left AC joint region with muscle spasm present at deltoid muscle and trapezius muscle. Neer's test is positive and Hawkins's test is positive.

**Right Shoulder Examination:** Reveals tenderness upon palpation of the right AC joint region with muscle spasm present at deltoid muscle and trapezius muscle. Neer's test is positive and Hawkins's test is positive.

**Right Hip Examination:** ROM is as follows: flexion was 30 and is 30 degrees; internal rotation was 10 and is 10 degrees and external rotation was 10 and is 10 degrees.

**GAIT:** Normal.

**Diagnostic Studies:**

3/22/2019 - MRI of the Cervical spine reveals bulge at C4-5, C6-7 and HNP at C3-4

3/22/2019 - MRI of the Lumbar spine reveals bulge at L5-S1 superimposed , HNP at L5-S1 central/right paracentral and L5-S1 bilateral neural foraminal stenosis right greater than left

The above diagnostic studies were reviewed.

**Diagnosis:**

Cervical disc bulge at C4-5, C6-7.

Cervical disc herniation at C3-4.

Lumbar disc bulge at L5-S1 superimposed.

Lumbar disc herniation at L5-S1 central/right paracentral.

Lumbar L5-S1 bilateral neural foraminal stenosis right greater than left.

Cervical Muscle Sprain/Strain.

Possible Cervical Disc Herniation.

Possible Cervical Radiculopathy Vs. Plexopathy Vs. Entrapment Syndrome.

Thoracic Muscle Sprain/Strain.

Lumbar Muscle sprain/strain.

Possible Lumbar disc herniation.

Possible Lumbar radiculopathy vs. entrapment syndrome vs. polyradiculopathy.

Sacroiliitis.

Bilateral shoulder sprain/strain.

Right hip sprain/strain.

**Plan:**

of the cervical spine to rule out herniated nucleus pulposus/soft tissue injury.

of thoracic spine to rule out herniated nucleus pulposus/soft tissue injury..

of the Lumbar spine to rule out herniated nucleus pulposus/soft tissue injury.

**Medications:**

Soma 350 mg one tab tid prn dispense #90

**Follow-up:** 4 weeks.